

My Top 10 Organizations

Arch City Defenders	https://www.archcitydefenders.org	Legal Services	Fantastic org in St. Louis dedicated to providing important legal services to indigent clients or those who cannot afford traditional defense and feel abandoned by the public defenders office. This office was crucial in policy change after Ferguson and wrote the famous white paper that detailed ongoing police practices that target poor people of color
Brooklyn Defender Services	http://bds.org	Legal Services	Law services organization that inspired me to go back to law school. They combine legal services with other services, like social workers, to provide wrap around coverage for their clients instead of simply treating on symptom
YMOP - Young Men of Purpose	https://ymop.net	Education	DONATE through CashApp: \$tpbf (The Purpose Bridge Foundation or send check to PO Box 31322, Aurora, CO 80041. Dedicated to educating and uplifting young men of color in school and through extra curricular activities. Focused on better understanding history, current events, and the role young men of purpose can play in making the world a better place. Also activate life skills

			through social-emotional wellness, academic success, and conflict resolution among other focus areas. My boys attend these classes.
Crowley Foundation	https://crowleycollegeprep.com	Education	College prep organization for black boys. Provides unique instruction and opportunities for achievement like leadership, career exploration, artistic expression, and mental and physical health. My very first non-profit job was with this org. Isaiah took flying lessons with them.
Health Equity Works (For the Sake of All)	https://healthequityworks.wustl.edu	Public Health	Focused on increasing opportunities for low income communities to better achieve health through economic growth, safe housing, and quality schools. This org balances public health research and policy change to implement effective solutions. The founder wrote an incredible report titled <i>For the Sake of All</i> that outlines how various social systems impact communities differently.
Im'Unique	https://www.imunique.org	Physical and Mental Health	Hosts the most diverse yoga classes in Colorado, but offers programming around the world. Has also implemented an incredible program called Breakin Bread, Breakin Barriers to host important community

			<p>conversations about mental health and how we treat each other over meals. The founder inspires connections throughout the world. I sat on the board of the org for many years (and named the BBBB program!) We hosted a police/community meal after Mike Brown's death that led to policy change in Denver</p>
<p>Satya Yoga</p>	<p>https://satyayoga.cooperative.com</p>	<p>Physical and Mental Health</p>	<p>First ever POC owned yoga cooperative. Offers programming and YYT to help POC deeply heal from the physical and mental trauma of racism. One of the only classes I know that explicitly ties body movement, breath, and healing from racism together. Other offerings include meditation, food preparation, and community building. I received my yoga teaching cert with Satya.</p>
<p>Greenwood Cultural Center: Black Wall Street Museum</p>	<p>https://greenwoodculturalcenter.com</p>	<p>Historical Site and Education</p>	<p>Incredible org dedicated to honoring and rebuilding the legacy and purpose of Black Wall Street. They also offer youth-based educational programming through theater, martial arts, and Freedom School. Recently they have received bombing threats, and the owner has been threatened with death - in 2020!</p>

Civic Canopy	http://www.civiccanopy.org	Community Building	Not black owned or particularly focused, but I'm including them any way because they do great work with other organizations that are. Civic Canopy exists to craft collective impact and important dialogue while prioritizing the most vulnerable in organizational decisions. I used to work here.
Employment Connection	http://www.employmentstl.org	Employment	Created by the young lawyers association to help people fresh out of jail secure employment. They work to assist those with limited opportunities (those who are unhoused, those recovering from substance abuse, people who have not completed high school & others) in job training, homeless assistance, community asset identification, and finding gainful employment.